



11th Annual Houston 9/11 Heroes Run

Saturday, Sept. 11, 2021

City Hall | 901 Bagby St.
Opening Ceremonies: 7:30 a.m. | Race: 8:00 a.m.

PRE-RACE PACKET PICKUP

Thursday and Friday, September 9-10
11:00 a.m. to 6:00 p.m.
Houston Police Credit Union
[1600 Memorial Drive, Houston 77007](#)

RACE DAY PACKET PICKUP

Saturday, September 11
6:30 a.m. to 8:00 a.m.
Front Plaza, City Hall

Race Day lines are long so please arrive early. Our volunteers will work as quickly as possible to get runners through the line. Your patience and understanding are greatly appreciated.

IMPORTANT FAQs

Q: Can I pick up my spouse/sibling/co-worker/neighbor's packet?

A: YES! You are welcome to pick up other race participants' packets. Just be sure to let them know you are picking it up to avoid confusion or unnecessary standing in line. If you are picking up for a large group (8+), please email the [Registration Manager](#) with the complete list of names of all packets you will be picking up and our volunteers will pull your packets in a group. We must have the first and last names of all participants. We cannot pull by team name. To allow our volunteers time to pull the group packets, **please do not attempt to collect your packets until after 2 p.m. on Thursday, September 9.**

Q: I registered to run but now can't participate. Can I give my bib to someone else?

A: Yes, you may transfer your registration to another runner, but **YOU MUST NOTIFY** the Registration Manager **BEFORE** race day. The Houston 9/11 Heroes Run is timed, and results are posted based on the information originally assigned to each bib. If you are female and give your bib to a male, his finishing time will be put into the female standings and could skew the results. It is imperative you contact the Registration Manager before the race to properly transfer your bib to a new runner. Required information to transfer to the new participant is their Name, Age, Gender, Email Address, City and State of Residence, and Race Division. The shirt size you ordered is the shirt size they will receive. Email the [Registration Manager](#) to transfer your bib.

Participants may also switch their registration to Virtual Runner and have their packet mailed. Virtual Runner packets will be mailed from TMF HQ in Pennsylvania and **will not include** the commemorative Houston 9/11 Heroes Run dog tags. Mailed packets **are not guaranteed** to arrive by Race Day. By transferring to Virtual Runner, you are acknowledging and accepting this possibility.

Q: Can I change my t-shirt size from the one I ordered during registration?

A: No, due to limited sizing, size exchanging is not possible during packet pickup. All participants will receive the shirt size selected during registration. If sizing allows, shirt exchanges may be made on Race Day after 9:00 a.m. at the Registration Tent.

Q: I registered for the 5K but want to run the 5K GORUCK. Can I change divisions?

A: Yes, you may change to a different division, but **YOU MUST NOTIFY** the [Registration Manager](#). If you do not notify the Registration Manager of your division change, you could skew race results and impact the final standings. Email the [Registration Manager](#) to change divisions. Please note, registration for the GORUCK division is \$5 more. If you transfer to the GORUCK division from the regular 5K division, you must pay an additional \$5.



GORUCK patches will be handed out on Race Day at the Ruck Weigh-in Tent (next to Registration). If you purchased a ruck registration, you will receive a patch, even if you don't want to try to qualify for a medal.

The GORUCK division has very specific [rules and regulations](#) if you will be competing for a medal. Please review the GORUCK [rules and regulations](#) very carefully. Rucks must be weighed on race day at the GORUCK tent to qualify for a medal. **Please arrive early to account for the time it will take to weigh your ruck and get to the start line.** If you have questions about the GORUCK division, [email us](#).

Q: Where do I park on Race Day?

A: Most Downtown parking garages will be open for guest parking. The closest garage to the race site is the Tranquility Garage. Garage parking will cost approximately \$15-20 per car. Metered street parking will also be available. Please bring cash as not all garages accept credit cards. We encourage everyone to carpool if possible.

Q: What does the course look like?

A: The course map can be found [here](#).

Q: I raised \$200 or more via my IYR fundraising page. Where can I pick up my Houston Fire cap?

A: Houston Fire can be picked up during Packet Pickup. A limited number of caps will be available to purchase for \$20 each. Please come to the Registration tent on Race Day to purchase or pick up your cap.

Q: Do you have Race Day COVID policies in place?

A: Yes, please review our COVID recommendations [here](#).

Additional questions? [Ask us!](#)



TIMING CHIP & RACE BIB

The timing chip is attached to the back of your bib. You must wear your bib on the front of your body, preferably chest-high, so the timing equipment can read your bib as you cross the finish line. Do not cover your bib with a jacket, sweatshirt, or other clothing. If you wear your bib below your waist, underneath clothing, on your back, or folded in your hand, your chip may not be read, and you may not get an accurate time. **Do not remove your timing chip from the back of your bib.** You do not need to return it at the end of the race.



Houston 9/11 Heroes Run Awards

- Overall Male and Female
- Overall Masters Male and Female
- Top Male and Female Rucker

Age Divisions

- 1-12
- 13-19
- 20-29
- 30-39
- 40-49
- 50-59
- 60-69
- 70+

There are no age divisions in the 5K Ruck. The first 3 medal-qualifying males and the first medal-qualifying 3 females to cross the finish line win a medal. To be medal-qualifying you must weigh your ruck BEFORE the race at the Ruck Weigh-in Tent. All verified ruckers will be given a wristband to signify medal qualification.

Houston 9/11 Heroes Run Sponsors

Gold Sponsors



Silver Sponsors



Bronze Sponsors



Red Sponsors



Blue Sponsors



White Sponsors

