

ROC

JUNETEENTH

5K Run/Walk

This year, **Roc Juneteenth 2023 5K Run/Walk** commemorates the 160th anniversary of Abraham Lincoln signing the Emancipation Proclamation, on January 1, 1863.

Please join us for the **LIVE** event on Juneteenth – Monday, June 19, 2023, 1:00 PM @ Genesee Valley Park, Riverbend Shelter.

This is also a **VIRTUAL** event, which means you can start your Run or Walk NOW and complete it by midnight on June 19, 2023.

Register for your event at [itsyourrace.com](https://itsyourrace.com). Join with your friends, family and colleagues. Donations and proceeds go to the construction of the Minister Franklin D. Florence Civil Rights Heritage Park, at Baden Park.

**NO ONE IS FREE UNLESS WE ARE ALL FREE!**



**Facebook:** Roc Juneteenth 5K **Instagram:** rocjuneteenth5k **Email:** [glohovey@aol.com](mailto:glohovey@aol.com)  
#rocjuneteenth5k, #fitness, #history, #culture