



30K ROUTE (One complete counterclockwise loop starting at Sandy Bottom Park)	Toilets	Water
Sandy Bottom Park (Start of 30K)	YES	YES
30K Run – Mile 2-3	NO	YES
30K Run – Mile 5-6 FLCC Boat Launch/Muller Field	YES	YES
30K Run – Mile 8-9 State Route 36 / East Lake Road Turn	YES	YES
30K Run – Mile 12-13 Honeoye Lake Boat Launch	YES	YES
30K Run – Mile 14-15	NO	YES
30K Run – Mile 16-17 Sandy Bottom Nature Trail (East Side)	YES	YES
Sandy Bottom Park (Finish Line For Both Races)	YES	YES
10K ROUTE (Honeoye Lake Boat Launch to Sandy Bottom Park)	Toilets	Water
Honeoye Lake Boat Launch (Start of 10K)	YES	YES
10K Run – Mile 2-3	NO	YES
10K Run – Mile 4-5 Sandy Bottom Nature Trail (East Side)	YES	YES
Sandy Bottom Park (Finish Line For Both Races)	YES	YES