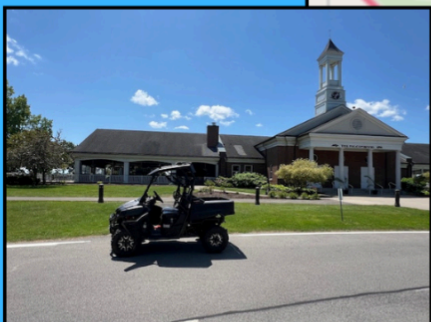


PIT STOPS



Start/Finish

PLOT-A-ROUTE COURSE MAP

16 Mile Route

- Greenway Trail to Mile 8
- Return via same route

34 Mile Route

- Greenway Trail north towards Niagara Falls
- Merge onto East/West River Road (Bike Path)
- Cross over I-190 overpass using bike path on right shoulder
- Turn left onto Conservation Path into Buckhorn State Park
- Cross over Grand Island Bridge (**POLICE TO GUIDE**)
- Right at Buffalo Avenue then right into LaSalle Waterfront Park
- Follow park trail to Niagara Falls State Park
- Continue on trail to Aquarium 360 of Niagara
- Mile 17 Turn is approximately 1/2 mile past the Aquarium
- Return via same route



Support riders will be scattered throughout the course or call Tom or Alex for bike repair assistance.

Tom: 716-712-6874

Alex: 716-868-3907

62 Mile Route

- From mile 17 - continue on trail to Whirlpool State Park
- Continue on trail to Devils Hole State Park
- Continue on trail past Niagara Power Project
- Continue on trail past Lewiston-Queenston Bridge
- Continue on trail down Lewiston Hill to village
- In Village of Lewiston turn right on 9th Street
- Cross Center Street (traffic light) and turn right on Mohawk St
- Turn left on park trail just prior to parkway overpass
- Follow park trail to Pletcher Road
- Cross Pletcher Road into Joseph Davis State Park
- Turn right on River Road heading north to Fort Niagara
- Turnaround at Old Fort Niagara Lighthouse
- Return via same route

 **EMERGENCY
DIAL 911**



716-998-5777

RIDERS MUST...

- **WEAR A HELMET AT ALL TIMES WHILE RIDING**
- **FOLLOW AND OBEY ALL RULES OF THE ROAD**
- **NOTIFY RMS IF YOU DECIDE TO DROP OUT**
- **ALLOW ROOM FOR PASSING ON PARK TRAILS**